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Exclusive Invitation:

# A Dialogue on Cancer Prevention

with Dr. Thomas Rau & Global Medical Experts



Dr. Nadzri Mokhtar



Dr. Thomas Rau



Dr. Philip Lun Kee Chia



Vincent Bekkering

Dr Nadzri invites you to this exclusive talk with world renowned Dr. Thomas Rau from Switzerland and other medical experts in Cancer Prevention.

**You will have the opportunity to gain:**

- valuable insights and ask questions directly to our team of expert
- first-hand experience on 1-on-1 therapy sessions and special demo

Date: Saturday 7 February 2026

Time: 10:00 - 16:30

Location: 16, Jalan Turi, Bukit Bandaraya,  
Kuala Lumpur

Fee: RM250

Please RSVP your attendance by  
31st Jan via WhatsApp to:

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# A Dialogue on Cancer Prevention

## Agenda

Sunday 7 February 2026

Kuala Lumpur

- 10:15 - 10:30      Breath Work by Shari Abas
- 10:30 - 11:15      Vincent Bekkering's talk  
*Is Forgotten Scar the Root of Your Chronic Pain?*
- 11:15 - 11:30      Advanced Systemic Fascia Therapy  
demo session and 1-on-1 experiential session
- 12:00 - 13:30      Dr. Thomas Rau's talk  
*Understanding Cancer Risk Before Disease Begins: A Biological Medicine Perspective on Prevention and Medical Intervention*
- 13:30 - 14:30      Lunch
- 14:30 - 15:15      Dr. Nadzri Mokhtar's talk  
*Miracle of Oxygen in Cancer Prevention*
- 15:15 - 15:45      Kaqun Oxygen pod demo
- 15:45 - 16:30      Dr. Philip Lun's talk  
*Weaving the Support Matrix: TCM, Neural Therapy and Emotional Resilience in Cancer Care*



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## Dr. Thomas Rau



Dr. Thomas Rau is a globally celebrated physician. As the world's most foremost visionary pioneer in Swiss Biological Medicine, he has dedicated his life to a revolutionary approach that goes beyond treating symptoms to heal the fundamental root causes of chronic illnesses.

Dr. Rau's journey began in conventional medicine, specializing in rheumatology and internal medicine. Inspired by the profound success he saw in the healing of his patients, he developed a focus on natural therapies, especially homeopathy and nutritional changes. He also studied with leading practitioners of alternative healing methods, including orthomolecular medicine, Chinese and Ayurvedic as well as European holistic medicine. Dr. Rau has developed his own holistic healing theory, Dr. Rau's Biological Medicine, based on over 30 years of building knowledge and experience. It is based on the principles of detoxification, nutrition, digestion and sustainable strengthening of the immune system.

He honed this approach during his legendary tenure as Medical Director of the Paracelsus Clinic in Switzerland (1992-2020), which he built into a world-renowned center. Today, he continues his life's work as the Medical Director at the prestigious BioMed Center Sonnenberg.

### The 3 Key Principles of Swiss Biological Medicine

Dr. Rau's renowned medical approach is a complete, logical system for reactivating the body's innate healing intelligence. These are the foundational principles that guide every personalized treatment plan at Biomed Center Sonnenberg and AMSEL Biohealth Center.

- Detoxification & Cleansing
- Gut & Immune Health
- Cellular Regeneration

*"We treat individuals, not just symptoms."*



## Dr. Nadzri Mokhtar

Dr. Nadzri is a well-known anti-aging physician with more than 15 years of experience. He is Board Certified from the American Academy of Aesthetic Medicine and is A Diplomate of the American Academy of Anti-Aging Medicine as well as Board Certified in Integrative Medicine.

He is currently based in Kuala Lumpur, Malaysia and main areas of expertise are in integrative medicine, combining Bio-identical Hormones, nutraceuticals, and natural medicines along with aesthetic procedures to provide the patient with total rejuvenation and world class healthcare.

Dr. Nadzri believes that wellness begins from within. His aim is to correct imbalances within the human body by modifying lifestyle, dietary habits, physical and psychological components of his patients. Dr. Nadzri is also a vital member in the Society of Anti Aging and Regenerative Medicine Malaysia, World Society of Antiaging Medicine, Age Management and Research AMAR India and World Anti Aging Network.



## Dr. Philip Lun Kee Chia

Dr. Philip Lun Kee Chia has been practicing integrative medicine for more than 20 years. Born to parents who are both Traditional Chinese Medical practitioners, it was an easy transition for him to grasp the differences between conventional medical practice and alternative medical practice. Dr. Phil had been pursuing his advocacy to educate his patients to have a better understanding of how integrative medicine would help in both interventional and preventive wellness scenarios.

Dr. Phil's diverse exposure to the different healing arts of holistic medicine spans from the practice of Traditional Chinese Medicine, Anthroposophic Medicine, Dorn Spinal Alignment Method, Regenerative Medicine, Anti-aging Medicine, Functional Medicine, and Integrative Oncology. Dr. Phil's passion lies in educating his patients about their health conditions and wellness predispositions as well as inculcating self-empowerment to help them overcome their illnesses while standing on their side as a medical partner.



## Vincent Bekkering

Physiotherapist

Vincent Bekkering is an internationally recognized specialist in Post-Surgical Recovery, Chronic Pain, and Stress Processing. As the Founder of Bekk Practice in Switzerland and specialized in Advanced Systemic Fascia Therapy with over 13 years of experience, he focuses on revealing the profound impact of often overlooked issues, such as forgotten scars, which can be the root of chronic pain.

Vincent's expertise lies in addressing the physical, emotional, and nervous system consequences of procedures like abdominal surgery, orthopedic surgery, plastic surgery, or Cesarean sections. His treatments aim to release physical and emotional scars, effectively reducing stress levels in the autonomic nervous system. Through his personalized one-on-one sessions, he helps patients restore their body's balance and achieve lasting relief.



## Shari Abas

Sports Therapist and  
Holistic Therapist

Shari is a trained sports therapist and holistic therapy practitioner with more than 20 years of experience in the UK, China and Malaysia. He believes that an active lifestyle should be balanced with mindful relaxation. Mindfulness is performing techniques with intention and being present. His approach incorporates his knowledge and experiences as a fitness instructor and avid spinner together with elements that comes from yogic and Traditional Chinese Medicine roots. Self-awareness is an important aspect: as a healthy life starts with oneself. Shari conducts rebalance therapy in Apollo, which helps your deep tissue muscle relax and improve lymphatic drainage.