

Dr. Rau's

„Designed by Science - Inspired by Nature“

2023

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DEAR INTERESTED READERS,

Vitamin preparations – restorative cordials - dietary supplements, these are now available in abundance. Therefore, it is important to get expert advice. This helps to form a clear concept that can be followed.

Some years ago, we decided to produce our own range of preparations. Not additional vitamin products or probiotics, but rather products with unique compositions. We also decided to produce “normal” mineral and vitamin preparations where their quality and/or absorption capacity are exceptional. Their uniqueness lies in the concept represented by the 3-pillar teachings of Biological Medicine, which forms the basis of the treatments of all my patients. Dr. Rau’s preparations are formulated based on this concept of biological treatments. For each of these “pillars” we have specific preparations that combine to improve the inner milieu and the metabolism of people.

- Detoxification of the body down to every cell of the body
- Improve the intestinal system and the microbiome - and thus the immune system
- Building new, better cells affecting the whole body – this means fundamental regeneration

TREAT THE ROOT CAUSES AND NOT JUST THE SYMPTOMS

We provide you with highly effective products of a high quality standard, all fully natural extracts and concentrations. Dr. Rau’s products are only produced by internationally present, high quality producers and they follow strict biomedical criteria.

highest quality - effective concentrations - trusted manufacturers

The preparations can be combined with each other, even though in the treatment concept individual preparations are assigned to the 3 pillars. These are not medicines in the pharmaceutical sense, but are considered „foods“ which, when taken regularly, can have a positive influence on body systems and processes, as well as on the metabolism.

When the body benefits from support in this way, it can again regulate many things itself and the self-healing powers are strengthened. That is the difference to the “non-root cause orientated” treatment.

ROOT CAUSE TREATMENT – Dr. Rau’s products functionally support your self-healing powers, just as needed by YOUR cells.

Kind regards,
Dr. Thomas Rau



vegan

31 bacterial cultures

20 billion microorganisms
per day

ferment of 26 herbs
and plants

Dr. Rau's EM ferment

Food supplement with lactic acid, vitamin C and OPC



*Scan
QR code
and learn
more*

The EM ferment is obtained from various herbs and plants, through the unique manufacturing process of multi-stage fermentation. In addition to the 31 different effective microorganisms (EM) Dr. Rau's EM ferment contains vitamin C and OPC and is a source of dextrorotatory L-(+) lactic acid!

It contains a fermented concentrate of 26 different herb and plant, which are fermented with many micronutrients (vitamins, trace elements, etc.) and enriched with 31 different lactic acid bacterial cultures.

In addition to the bacterial cultures and the fermented herbs and plants mixture, the EM ferment contains water, dextrorotatory lactic acid, L-ascorbic acid and a grape seed extract rich in OPC.

Thanks to Vitamin C it contributes to the protection of cells from oxidative stress, normal energy metabolism and normal functioning of the immune system.

Bacterial cultures

Bacillus subtilis, Bifidobacterium: bifidum, breve, longum, infantis, lactis, lactis 02; Enterococcus faecium, Lactobacillus: acidophilus, amylolyticus, amylovorus, bulgaricus, casei 01, casei 02, casei 03, crispatus, delbrückii, faraginis, gasseri, helveticus, johnsonii, paracasei, parafarraginis, plantarum, reuteri, rhamnosus, salivarius, zae; Lactococcus: diacetylactis, lactis; Streptococcus thermophilus.

suitable for children

tasteless

without heavy metals,
dioxins and PCBs



Dr. Rau's ASTA-Ω3

Food supplement with highly concentrated omega-3 oil and astaxanthin



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The tasteless fish oil contains a high proportion of the omega-3 fatty acids EPA and DHA.

The fish oil, from sustainable fisheries in Norway, has astaxanthin additionally added.

Omega-3 fatty acids are essential for the human body, but cannot be produced by the body itself. The physiologically active carotenoid astaxanthin is responsible for the reddish color of the fish oil.

EPA and DHA contribute to normal heart function and the maintenance of normal brain function and vision.

10 ml (= 1 tbsp.) contains:

2750 mg	Omega-3 fatty acids
1150 mg	EPA
1000 mg	DHA
1 mg	Astaxanthin

contains
7 bacterial strains

vitamin D contributes
to a normal function
of the immune system

suitable for
lacto-vegetarians



Dr. Rau's CELL immuno

Food supplement with lactic acid bacteria and vitamin D



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CELL immuno contains 7 different strains of lactic acid bacterial cultures. These are considered physiologically beneficial when taken in addition to a balanced and varied diet.

It contributes to normal functioning of the immune system thanks to vitamin D, thus strengthening the body's defenses.

It supplies the body with lactic acid bacteria and is suitable for lacto-vegetarians.

A special stomach acid resistant capsule shell made of vegetable material (HPMC) without gelatin is used. Thus, the valuable components in CELL immuno remain intact during the journey through the stomach and are released only in the intestine.

"Inspired by Nature - designed



Dr. Rau's

Perfectly balanced natural source

Nahrungsergänzungsmittel

Gluten Frei / Gluten Free

Registered Trademark
Dr. Oscar Vargas-Machuca E., MD

Net Wt. 22oz (1 lb 6 oz) 800g
40 packets / Sachets 7 oz (20g)

gluten free

without artificial colors

without preservatives

without artificial
flavors

EVELIZA Dr. Rau's

Food supplement with essential amino acids - gluten free



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EVELIZA is made from gluten-free plants. The extracts of the plants used are combined in their ratio so as to contain the 8 essential amino acids.

It is made exclusively from organically cultivated plants, which grow on the farm of Dr. Vargas in Ecuador and are dried on lava plates directly in the sun.

The plants grow on the slopes of Ambato Mountain on pure lava soil at an altitude of 2800 - 3000 meters above sea level.

With vitamin D, magnesium, calcium, iron and copper, EVELIZA contributes to the following:

- *Normal muscle function*
- *Maintenance of normal bones*
- *Normal energy metabolism*
- *Reduction of fatigue*
- *Normal functions of the immune system*
- *Support in cell division*

with many
vitamins and
secondary plant substances

contains 16
active, high-quality
ingredients



Dr. Rau's NEURO sana

Food supplement with vitamin C, vitamin B12, vitamin E, quercetin, folic acid and beta-carotene



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NEURO sana contains vitamins C, B12, E, folate (vitamin B9) and beta-carotene (provitamin A) in lipid form with increased bioavailability.

Folate, vitamin C and vitamin B12 contribute to normal immune system function, reduction of fatigue and tiredness, and normal mental function.

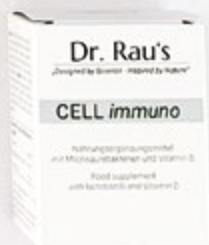
Vitamins C and E help protect cells from oxidative stress.

Folate and vitamin B12 have a function in the process of cell division.

Vitamin A contributes to the maintenance of normal vision and mucous membranes.

Liposomal packaging in soy lecithin improves absorption.





regulation of
hormonal activity

natural anti-aging

supports cell
division



Dr. Rau's DNA RNA Spray

Food supplement with vitamin B



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DNA RNA Spray is a natural product, thanks to vitamin B12 it has a function in cell division and vitamin B6 contributes to the regulation of hormone activity.

Cells lose their viability due to external influences such as environmental pollution, X-ray radiation or cigarette smoke, but also due to unhealthy lifestyle habits such as irregular diet, stress, low vitamin intake or too little physical activity.

Thanks to pantothenic acid, niacin, thiamine, vitamin B12 and B6, Dr. Rau's DNA RNA Spray contributes to the following effects:

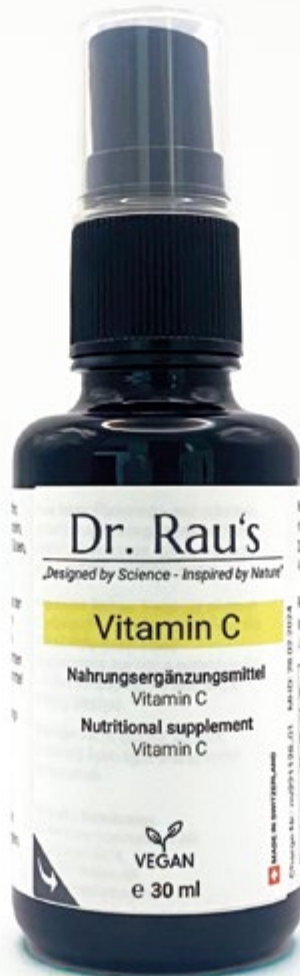
- *Normal mental performance*
- *Normal mental function*
- *Reduction of fatigue and tiredness*
- *Normal function of nervous system*
- *Maintenance of normal skin and mucous membranes*
- *Normal heart function*
- *Normal blood formation*
- *Normal function of the immune system*
- *Normal homocysteine metabolism*

Patented
Manufacturing process
of the Micelles technology

Up to 100% bioavailability

Water-soluble

100% natural



Dr. Rau's Vitamin C

Food supplement with vitamin C



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Vitamin C is a natural water-soluble vitamin present in vegetables and fruit. Contrary to most animals, the humans cannot produce this vitamin themselves. It has therefore to be ingested via food.

Foods that used to be “complete” (containing the necessary minerals, vitamins and other nutrients) can unfortunately no longer be regarded as such today without hesitation. Over-production (producing more and faster) has resulted in decreased content or even absence of the necessary nutrients in the foods.

Vitamin C is involved in collagen formation, wound healing and the immune defense system. It also improves the absorption of iron in the intestine. Its involvement in collagen formation means that it also plays a role in bone development and dentin formation.

Vitamin C

- *Has antioxidant properties and protects the body from free radicals.*
- *Performs various important functions in metabolism as a cofactor for enzyme systems.*
- *Favours the breakdown of histamine and cholesterol.*
- *Improves the absorption of iron in the digestive tract.*
- *Supports the immune defence.*

Patented
Manufacturing process
of the Micelles technology
Up to 99% bioavailability
Works where it should -
Resistant to gastric acid and
intestinal enzymes.



Dr. Rau's INFLA min

Food supplement with vitamin C, frankincense and turmeric



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The specific ingredients are turmeric, frankincense and vitamin C. Via the use of the unique manufacturing process, involving micelle technology, almost 100% bioavailability can be achieved. This means that the body can immediately and optimally absorb and process the active ingredients.

Our body cannot easily process fat-soluble vitamins and active ingredients. They must first be changed into a water-soluble form that allows them to be absorbed.

The active ingredients in the INFLA min spray are already in their water-soluble "micellated" form, which enables the body to absorb and utilize them immediately. The active ingredients can therefore be deployed to where they are needed at that point in time.

The effectiveness of frankincense in delivering health benefits for a number of conditions is known, particularly for diseases that significantly restrict the mobility of patients.

Frankincense - Olibanum - Boswellia

- *Protects and soothes the digestive tract and intestines.*
- *Has an anti-inflammatory effect, which can help to alleviate discomfort.*
- *Supports the maintenance of mobility.*

Curcumin - Turmeric

- *Neutralises free radicals through its antioxidant properties.*
- *Anti-inflammatory effect.*
- *Proven positive influence on the production of bile fluid*
- *Stimulation of metabolism and metabolic processes.*
- *May positively contribute to lowering blood sugar levels.*

Vitamin C

- *Antioxidant properties and protects the body from free radicals.*
- *Supports the immune system.*

Patented
Manufacturing process
of the Micelles technology

99% bioavailability

Water-soluble

100% natural



Dr. Rau's INFLA min S

Food supplement with vitamin C, frankincense, turmeric and artemisinin



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INFLA min S is an immune system booster - developed and produced in Switzerland. It consists of organic ingredients and is vegan. What is special about this immune system booster, in addition to the specifics of the ingredients, is their processing. With a level of bioavailability not previously seen (99%), the spray ensures that the active ingredients that support the immune system can be optimally absorbed by the body and then processed.

Many healthy active ingredients and vitamins are soluble in fat and our body cannot easily process them. It first has to „micellate“ them, this means to bring them into a water-soluble form so that they can be absorbed by the cells. Since our digestive system works very quickly, our body does not manage to process all fat-soluble substances. The result is that over 90% of the fat-soluble active ingredients are often unused and excreted!

Thanks to a worldwide-patented process, it is possible to prepare all active ingredients in a “micellated” water-soluble form, without using any chemicals. Thus, the active ingredients are in a form that can be quickly absorbed and the body can use over 99% of the active ingredients im-

mediately. Consequently, only the smallest amounts are needed every day to achieve a maximum immune effect.

- *All ingredients in the INFLA min S Spray have a proven anti-inflammatory effect.*
- *Studies have shown that artemisinin attacks cells with a high iron content.* (see page 24)*
- *Frankincense protects and soothes the digestive tract.*
- *Curcumin (a bright yellow extract produced by the turmeric plant) has anti-inflammatory properties. Studies have shown that it has a positive effect on the production of bile due to its stimulation of metabolic processes.*
- *Curcumin can have a positive effect on the reduction of blood sugar levels.*
- *Curcumin and vitamin C have antioxidant properties. They protect the body from free radicals and support the body in building up the levels of its own antioxidants.*
- *Traditional Chinese medicine, throughout its history, has used Artemisia annua (sweet wormwood plant) for homeopathic treatments.*
- *Curcumin and vitamin C support the immune defense system.*

* SOURCES ON INFLAMIN S

Trends in Pharmacological Sciences:

"Artemisinins: their growing importance in medicine."

International Journal of Oncology:

"The anti-malarial artesunate is also active against cancer."

Expert Opinion on Therapeutic Targets:

"Targeted treatment of cancer with artemisinin and artemisinin-tagged iron-carrying compounds."

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